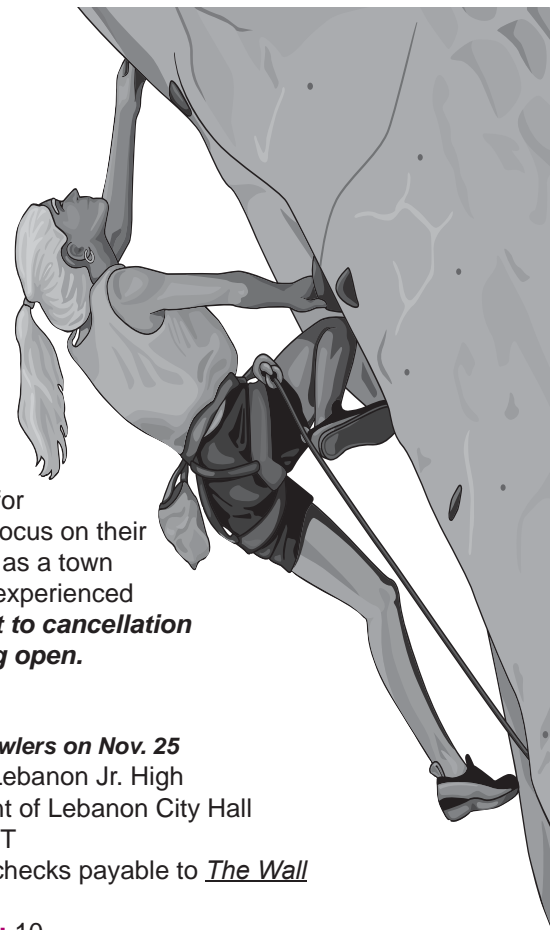


YOUTH ADVENTURES



OUTDOOR LASER TAG

(#17302A) For ages 12-15. Harmless madness playing laser tag in the woods. Enjoy a brilliant fall day outside with friends and Lebanon Recreation and Parks. Fee includes transportation, entry fee and rental. Pack a lunch.

DAY/DATE/TIME: Saturday, Nov 7

TIME: 9:00 a.m.-3:00 p.m.

LOCATION: Strategy Zone, Newbury, NH

FEES: \$35 resident \$45 non-resident

TRIP LEADER: Paul Coats

MINIMUM: 5

MAXIMUM: 12

WALLCRAWLERS

(#17301A) Junior High School students, "Climb On" with the Upper Valley's exciting recreational team climbing program. Designed for individuals, regardless of ability, to focus on their own challenge while still competing as a town team. Excellent for beginners and experienced climbers! ***This program is subject to cancellation dependent on The Wall remaining open.***

PRACTICE DAY/DATES:

Wednesdays, Oct. 7 - Dec.16

***Please note there will be no Wallcrawlers on Nov. 25**

TIMES: 2:30 p.m. - pick up from Lebanon Jr. High

5:00 p.m. - drop off in front of Lebanon City Hall

LOCATION: The Wall, Quechee, VT

FEE: \$85 (includes rentals) Make checks payable to The Wall

INSTRUCTOR: Paul Coats

MINIMUM: 5

MAXIMUM: 10

DOWNHILL SKI/SNOWBOARD TRIPS TO BURKE MOUNTAIN

Open to youth ages 10 and up. Participants must provide their own equipment, or rent at the ski area for an additional fee. Plan to bring money for lunch or pack your own.

DAYS/DATES:

Saturday, January 9 (#21349A)

Saturday, February 20 (#21349B)

Friday, March 12 (#21349C)

FEES: \$32 (payable to Burke Mountain day of trip)

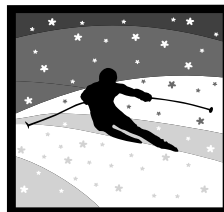
TIMES: 8:00 a.m. to 5:00 p.m. from City Hall

SUPERVISORS: Kevin Talcott and Paul Coats

MINIMUM: 5

MAXIMUM: 10*

**Additional participants may enroll if parents can drive.*



RIPPIN' UP WHALEBACK!

(#21300A) Junior Highers, are you ready to rip your turns and fly high at Whaleback's trails and terrain park? Participants must be able to ski or board blue terrain (intermediate), or sign up for Learn To Ski or Board Lessons if needed. Helmets are mandatory!

DATES: Wednesdays, January 6, 13, 20, 27, February 3

TIMES: Recreation van leaves LJHS at 2:30 p.m.

Parents pick up at Whaleback at 6:00 p.m. (Option to stay later on your own with signed parent permission.)

LEADER: Paul Coats

FEES: Lift only - \$75 Lift with lessons - \$105

Make checks payable to Whaleback Mountain. Equipment rentals available, call Whaleback at (603)448-1489.

MINIMUM: 5

MAXIMUM: 10

ANIMAL TRACKING for FAMILIES

(#27501A) Ever wonder which animals are making those tracks in the snow?

Strap on your snowshoes & take a backcountry bushwacking trek of discovery. Participants need to be in good physical condition, dress for the weather, pack a lunch/snack and be prepared to hike off-trail.

Call 448-7716 for free EMS snowshoe rental info.

DAY/DATE/TIME: Sat., January 16; 8:30 a.m. - 12:30 p.m.

LOCATION: Lebanon Conservation Land (to be announced).

Leave from Lebanon City Hall.

FEE: \$5/person

MUST REGISTER BY: Wednesday, January 6

TRIP LEADER: Alcott Smith, locally and nationally renowned animal tracking expert

MINIMUM: 6

MAXIMUM: 15



LAKE MOREY FAMILY WINTERFEST

Experience your favorite winter sports! Try cross-country skiing, snowshoeing, nordic skating and sledding. See ice sculptures, igloos, dog sledding and others. Demo gear & cafeteria style lunch available.

DATE: Sunday, January 10

TIMES: 10:00 a.m. - 4:00 p.m.

LOCATION: The Hulbert Outdoor Center, Fairlee, VT

ADMISSION FEE: \$5/person or \$15/family

MORE INFO? Call 802-333-3405

SKIING & SNOWBOARDING

SNO-PUPPIES (AGES 3-5)				
ABILITY	CODE	DATES	DAY	TIME
Never Ever	21151A	1/9 - 2/13	Sat	9:00 - 10:00 a.m.
Beginner	21151B	1/9 - 2/13	Sat	9:00 - 10:00 a.m.
Intermed.	21151C	1/9 - 2/13	Sat	9:00 - 10:00 a.m.
Advanced	21151D	1/9 - 2/13	Sat	9:00 - 10:00 a.m.
Never Ever	21152A	1/9 - 2/13	Sat	10:30 - 11:30 a.m.
Beginner	21152B	1/9 - 2/13	Sat	10:30 - 11:30 a.m.
Intermed.	21152C	1/9 - 2/13	Sat	10:30 - 11:30 a.m.
Advanced	21152D	1/9 - 2/13	Sat	10:30 - 11:30 a.m.

Never Ever: Never skied before

Beginner: Have skied before and can stop/make turns.

Intermediate: Can ride the Poma lift; am mastering snowplow turns/stops.

Advanced: Can ride Poma lift and snowplow turn/stop without difficulty.

YOUTH LESSONS (6-17)				
ABILITY	CODE	DATES	DAY	TIME
Beginner	21251A	1/4 - 2/8	Mon	6:30 - 7:45 p.m.
Adv. Beginner	21251B	1/4 - 2/8	Mon	6:30 - 7:45 p.m.
Intermediate	21251C	1/4 - 2/8	Mon	6:30 - 7:45 p.m.
Advanced	21251D	1/4 - 2/8	Mon	6:30 - 7:45 p.m.
Beginner	21253A	1/6 - 2/10	Wed	6:30 - 7:45 p.m.
Adv. Beginner	21253B	1/6 - 2/10	Wed	6:30 - 7:45 p.m.
Intermediate	21253C	1/6 - 2/10	Wed	6:30 - 7:45 p.m.
Advanced	21253D	1/6 - 2/10	Wed	6:30 - 7:45 p.m.

Beginner: Never skied before

Advanced Beginner: Have skied before, can stop, working on snowplow/wedge turns and can ride Poma lift.

Intermediate: Can make connected snowplow/wedge turns.

Advanced: Can make wide track parallel turns.



ADULT LESSONS (18+)				
ABILITY	CODE	DATES	DAY	TIME
Beginner	21549A	1/4 - 2/8	Mon	6:30 - 7:45 p.m.
Adv. Beginner	21549B	1/4 - 2/8	Mon	6:30 - 7:45 p.m.
Intermediate	21549C	1/4 - 2/8	Mon	6:30 - 7:45 p.m.
Advanced	21549D	1/4 - 2/8	Mon	6:30 - 7:45 p.m.
Beginner	21552A	1/6 - 2/10	Wed	6:30 - 7:45 p.m.
Adv. Beginner	21552B	1/6 - 2/10	Wed	6:30 - 7:45 p.m.
Intermediate	21552C	1/6 - 2/10	Wed	6:30 - 7:45 p.m.
Advanced	21552D	1/6 - 2/10	Wed	6:30 - 7:45 p.m.

Beginner: Never skied before

Advanced Beginner: Have skied before, can stop, working on snowplow/wedge turns and can ride Poma lift.

Intermediate: Can make connected snowplow/wedge turns.

Advanced: Can make wide track parallel turns.



SNOWBOARD LESSONS (ALL AGES)				
ABILITY	CODE	DATES	DAY	TIME
Beginner	21701A	1/4 - 2/8	Mon	6:30 - 7:45 p.m.
Advanced	21701B	1/4 - 2/8	Mon	6:30 - 7:45 p.m.
Beginner	21702A	1/6 - 2/10	Wed	6:30 - 7:45 p.m.
Advanced	21702B	1/6 - 2/10	Wed	6:30 - 7:45 p.m.

Beginner: New to the sport of snowboarding.

Advanced: Have some experience but would like to perfect my skills.

REGISTRATION

Please use the general registration form found in the back of this newsletter. Be sure to specify program code.

REGISTRATION DEADLINE: December 28

FEES: Res./LOC member - \$55; Non- residents - \$80

STORRS HILL LESSON NOTES

1. Please register your child based on what he/she can do NOW, not what they want to be able to do.
2. Transportation/equipment will be provided by participants.
3. Lessons begin promptly. Skiers are not permitted to go up the hill in search of their class.
4. Parents are welcome to stay in the lodge during lessons.
5. No open skiing for parents or siblings during ski lessons.
6. Lessons cancelled for rain only, not snow or winter weather; please dress appropriately. In questionable weather, please call Storrs Hill, (603)448-4409, after 4:30 p.m.
7. If a skier arrives without proper equipment or clothing, he/she will not be able to participate in lessons.
8. Please be reminded that sledding on the ski jumps or on the hill is prohibited at all times for safety reasons.

LEBANON OUTING CLUB PROGRAMS

SKI JUMPING/NORDIC COMB: Jon Farnham, (802)387-5411

SKI RACING: Rick Colt, 643-3874

STORRS HILL SKI AREA

(603)448-4409, www.storrs-hill.com

Storrs Hill is owned by the City of Lebanon and operated by the Lebanon Outing Club.

GENERAL INFORMATION

DATES: December 26 - Mid March (as conditions permit)

DAYS/TIMES: Fri - 6 - 9 p.m.; Sat & Sun - 12 - 4 p.m.

TICKETS: Jr (16 and under) - \$7 daily

Adults (17 and up) - \$10 daily

SEASON PASSES: Youth - \$75; Adult - \$100; Family - \$175

Please note: Prices & hours of operation subject to change.

Contact Storrs Hill at 448-4409 for updates!

SKI EQUIPMENT INFORMATION

The following info is provided as a service to ski participants & does not represent an endorsement of the businesses listed!

Rentals: Henderson's Ski Systems - (802)295-1973

(Mention your enrollment in Storrs Hill lessons for a rental discount!)

Used Ski Equipment: The Ski Shop - (603)448-1256

VOLUNTEERS NEEDED!

SKI FOR FREE! Volunteer a shift on the lift or in the kitchen and earn a day pass for your entire immediate family. Call Diana Colt at 643-3874.



51 North Park Street • Lebanon, New Hampshire 03766

Phone: (603) 448-5121 • Fax: (603) 448-1496

E-Mail: recreation@lebcity.com • Web: www.lebcity.com/recreation

GENERAL REGISTRATION FORM

PARTICIPANT NAME: _____ MALE / FEMALE: ____ DATE OF BIRTH: _____

ADDRESS: _____ PHONE: _____

HOUSEHOLD E-MAIL (For program info and cancellation notices): _____

SCHOOL: _____ GRADE: _____

*In accordance with the Americans with Disabilities Act, please describe any special accommodations needed for you or your child to participate in the program(s) for which you are registering.

PRIMARY GUARDIAN

NAME: _____

ADDRESS: _____

CITY, STATE ZIP: _____

PHONE: (Home) _____ (Work) _____
 (Cell) _____

SECONDARY GUARDIAN

NAME: _____

ADDRESS: _____

CITY, STATE ZIP: _____

PHONE: (Home) _____ (Work) _____
 (Cell) _____

EMERGENCY CONTACT (used only in the event a parent cannot be reached)

NAME: _____ PHONE: _____

MEDICAL INSURANCE COVERAGE: Family insurance 24 Hour school insurance

PLEASE INDICATE BELOW THE PROGRAM(S) YOU ARE REGISTERING FOR: Be sure to include the code number.

PROGRAM NAME	PROGRAM CODE	PROGRAM FEE
_____	_____	_____
_____	_____	_____

***Checks, cash, Visa, Mastercard, Discover accepted for payment. Please make checks payable to City of Lebanon.**

Please check if you would be willing to help with any of the following:

- | | | | |
|---|---|---|--------------------------------------|
| <input type="checkbox"/> coaching | <input type="checkbox"/> officiating | <input type="checkbox"/> sponsoring a team | <input type="checkbox"/> gym monitor |
| <input type="checkbox"/> helping with practices | <input type="checkbox"/> keeping score / time | <input type="checkbox"/> driving for away games | |

PARENTAL PERMISSION FOR CHILDREN UNDER 18 YEARS OF AGE:

The undersigned, being the parent and/or legal guardian of _____, gives permission to him/her to participate in the above named program(s). I agree that no claim will be made by the undersigned on behalf of my child for personal injuries or other losses sustained by my child as a result of my child's participation in this program(s) and that in the event any claim is made for injuries or damages sustained by my child as a result of my child's participation in this program(s), I shall hold the City harmless from, and indemnify it against, any such claim including reasonable attorney fees incurred by the City and its employees in connection therewith whether or not such claims result in litigation. In the event of an emergency requiring medical attention, I authorize that necessary medical attention be given to my child by a qualified physician in the event I cannot be reached.

Signature of parent/guardian _____ Date _____

ADULT REGISTRATION:

I release, absolve, indemnify and hold harmless the Lebanon Recreation & Parks Department staff, and the City of Lebanon, in the event of injury while participating in the above named program(s).

Adult signature _____ Date _____

PERMISSION FOR PHOTOGRAPHS/VIDEO:

From time to time, Valley News and other photographers attend Recreation & Parks Department activities and take photos or videos of program participants for publication. Participants permit the taking of photographs and video of themselves and their children during activities for publication and use for promotional purposes, unless otherwise stated.